

Question 12: What does “truth” mean according to the Bible?

Short answer

According to the Bible, truth is what is real and right in God’s eyes. God does not lie, His Word is truth, and Jesus is the truth who guides us to God.

Explanation

Today people often say, “My truth” or “Your truth,” as if truth changes from person to person. The Bible teaches something different: truth is not an opinion—it is what truly matches reality as God created it.

For the Bible, truth is connected to three things:

1. The character of God

God is true and faithful. He does not deceive, He does not change His story, He does not say one thing and think another. When God speaks, we can trust Him.

2. The Word of God

The Bible is not only “useful,” it is also true: it tells us who God is, what is good and what is evil, and how to live. Truth is not always comfortable, but it is always good because it comes from God.

3. Jesus

Truth is not only a rule: it is also a Person. Jesus perfectly shows what God is like and brings us salvation. Knowing the truth also means knowing Jesus and following Him.

Biblical truth is not meant to help us “win an argument,” but to set us free: it removes lies from our mind and heart and puts us on the right path.

Reference verses

- John 17:17 — “Your word is truth.”
- John 14:6 — “I am the way, the truth, and the life.”
- Numbers 23:19 — “God is not a man, that He should lie...”

In simple words

For the Bible, truth is not what “feels true to me.” It is what is truly true according to God. God does not lie, and the Bible tells the truth. And Jesus shows us the most important truth: how to know God and live the right way.